

08 February 2017 at 2.00 pm

Conference Room, Argyle Road, Sevenoaks
Despatched: 30.01.17



Health Liaison Board

Membership:

Chairman, Cllr. Mrs. Bosley; Vice-Chairman, Cllr. Dyball
Cllrs. Abraham, Dr. Canet, Clark, Halford, McArthur and Parkin

Agenda

	Pages	Contact
Apologies for Absence		
1. Minutes To agree the Minutes of the meeting of the Board held on 9 November 2016, as a correct record	(Pages 1 - 4)	
2. Declarations of Interest Any interests not already registered.		
3. Actions From Previous Meeting (if any)		
4. Updates from Members		
5. Older People and Dementia Update	(Pages 5 - 8)	
6. Housing and how it contributes to the Health Agenda	(Pages 9 - 12)	Hayley Brooks, Tel: 01732 227272, Andrew Kefford Tel: 01732 227431
7. Work Plan	(Pages 13 - 14)	

EXEMPT INFORMATION

At the time of preparing this agenda there were no exempt items. During any such items which may arise the meeting is likely NOT to be open to the public.

If you wish to obtain further factual information on any of the agenda items listed above, please contact the named officer prior to the day of the meeting.

Should you need this agenda or any of the reports in a different format, or have any other queries concerning this agenda or the meeting please contact Democratic Services on 01732 227000 or democratic.services@sevenoaks.gov.uk.

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HEALTH LIAISON BOARD

Minutes of the meeting held on 9 November 2016 commencing at 2.00 pm

Present: Cllr. Mrs. Bosley (Chairman)

Cllrs. Abraham, Dr. Canet, Clark, Dyball, McArthur and Parkin

14. Minutes

Resolved: that the Minutes of the meeting held on 27 September 2016, be approved and signed by the Chairman as a correct record.

15. Declarations of Interest

There were no additional declarations of interest.

CHANGE IN ORDER OF AGENDA ITEM

With the Board's agreement the Chairman took agenda item 3 after agenda item 5.

16. Update on Children's Centres and Early Help and Prevention

The Board welcomed Clare Ginn, Children's Centre Delivery Manager for Sevenoaks District who gave a presentation on the progress and updates of the Children's Centres in the District and how the centres link to the Early Help and Preventative services.

She advised that since the restructure there was now a single hub for the whole of the District that covered the five Children's Centres. Latest data showed that there were over 7,000 under fives in the District. There were three different elements to the services provided which included universal services, which were open for all under fives to use, such as stay and play groups. Targeted services were there for those families to meet additional needs, finally there were additional support services where there were designated Early Help workers who worked with families who had been identified as requiring low level additional support.

The Children's Centres services were a branch of the Early Help and Preventative Services. Early Help workers were allocated families which ranged from 0 - 19 years or 25 for those with special educational needs, where one to one support was required for outcomes to be reached. These were for the families who did not reach the threshold for Social Care.

In response to questions, the Children Centre Delivery Manager for Sevenoaks District advised that information regarding Children's Centres was not distributed to the Parishes but it was something that could be investigated. There was a new portal available where volunteering opportunities were being advertised. A

concern was raised in the figures of registration and reached children known to Social Services in child protection and Children in Need. Members were advised that the Child protection were statutory targets and the reason that 2 cases had not been registered was as they fell outside of the District area. Children in Need was not a statutory requirement however plans were in place to review the processes to reach more of the registered children.

The Board were advised that all universal services were run across all of the Children's Centres in the District and the targeted services were run where the need had been identified. It was no longer a problem getting accurate data as the figures were now provided from the services.

Members expressed their thanks to the Children's Centre Delivery Manager.

17. Health and Planning

The Planning Policy Team Leader presented a report and gave a presentation on the relationship between Planning and Health and looked at how Planning Policy worked alongside Housing and Health to assist and improve the well being of residents of the District. The presentation covered the past, the present and the future of planning in its relationship between Health and Housing.

In response to a question the Planning Policy Team Leader advised that there was a District wide survey taking place, and there was a need for 2 and 3 bedroom houses. She advised that the Community Infrastructure Levy (CIL) could be requested for Medical needs. Meetings with the Planning Policy Team and the Clinical Commissioning Groups (CCGs) and other public bodies take place.

Members thanked the Planning Policy Team Leader for her attendance.

18. Updates from Members

Cllr. Clark reported that the New Ash Green town team had secured the skating ice rink once again on the 10 December 2016. Cllr. Dyball reported that she had compiled a list for loneliness. Cllr. Dr. Canet informed the Board that she had attended the launch of the 'A Breath of Fresh Air' report which was addressing climate change and air pollution together for Health.

Cllr. McArthur reported that she had attended a meeting on legislation following the announcement of Brexit. Concerns were raised in regards to the National Health System.

Cllr. Mrs. Bosley advised that she had attended the Kent Dementia Friendly Awards hosted by Kent County Council where the Council won the award for being a Dementia Friendly organisation. The Board thanked Officers for their hard work.

19. Work Plan

Health Liaison Board - 9 November 2016

Members discussed the work plan. It was agreed to remove Housing meeting the Health Needs of the Population and to include Licensing and how it contributes to the Health agenda, Loneliness, HealthWatch and Leisure Strategy to the Summer 2017 meeting.

THE MEETING WAS CONCLUDED AT 3.30 PM

CHAIRMAN

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OLDER PEOPLE AND DEMENTIA UPDATE

Health Liaison Board - 8 February 2017

Report of Chief Officer Communities & Business

Status: For information

Key Decision: No

Executive Summary: To update Members on the Council's involvement in the Dementia Friendly Communities Project and older people's activities.

This report supports the Key Aim of caring communities and healthy environment.

Portfolio Holder Cllr. Lowe

Contact Officer(s) Anton Tavernier-Gustave Ext. 7121

Recommendation to Health Liaison Board: Members are asked to note this report.

Reason for recommendation: Sevenoaks District Council works with partners including Kent County Council's Public Health Team to deliver a range of subsidised activities for older people across the District and to raise awareness of mental health including dementia friendly communities.

Introduction and Background

- 1 Since 2010, this Council has been commissioned by Kent County Council's (KCC) Public Health Team to provide targeted healthy living interventions to reduce health inequalities and to improve the health and wellbeing of local residents.
- 2 There are 850,000 people living with dementia in the UK today and over 40,000 of those people are under 65 years of age. Dementia is now the leading cause of death among women in the UK. Approximately 700,000 informal carers are supporting family members with dementia.
- 3 As part of the Kent-wide delivery work on dementia, this Council is represented on two Dementia Friendly Communities Forums set up in the District in July 2014 for Sevenoaks & Edenbridge and Swanley.

Sevenoaks District Dementia Friendly Communities Project

- 4 This Council aims to promote awareness of dementia, deliver dementia friendly activities and to create more dementia-friendly communities through local partnerships. This work will help provide better access to local services and infrastructure for people living with dementia, their families and carers.
- 5 Partners on the Forums have pledged to work together, as part of the Dementia Action Alliance, and share information and best practice as well as delivering local training and initiatives. The aim of the Forums is to improve access to dementia support services and work together creating more Dementia Friendly Communities.
- 6 As part of this work, this Council has already taken positive steps to implement best practice including:
 - The work of this Council on Dementia Friendly Communities was recognised at the 2016 Kent Dementia Awards, where we won an award for the 'Best Organisation'. This recognition included physical changes made to the main reception including better lighting, signage and hosting a public event for people living with the condition on how this Council could be more dementia friendly.
 - The Council has continued to provide 'Dementia Friend' training sessions to frontline staff, Members and partners. Over 300 Council staff members and Members are now trained and working with the Licensing Team over 30 Taxi drivers and 20 community volunteer drivers have also been trained as Dementia Friends. This training helps people to understand dementia and how it can affect people as well as providing information on support organisations locally and how to refer people for support.
 - There are six dementia cafes in the District, in Sevenoaks, Swanley, Westerham, Hartley, West Kingsdown and Edenbridge. A number of carer support groups have been set up at these venues.
 - In partnership with Kent County Council and Home Instead, this Council has promoted local interventions with Tom Tugendhat MP. This has supported the MP's work to highlight issues faced by older people and those living with dementia.
 - A range of Dementia Friendly campaigns and events have been held around the District to promote dementia awareness and the support locally for people living with Dementia. For example, an insight gathering event took place outside Tesco's in the Sevenoaks Town asking local people what more could be done locally to support people living with dementia and their families.

Sevenoaks District Council - Older people's activities

- 7 As part of KCC Public health funding, the Council continues to run free or low cost physical activity programmes in local communities aimed at older people. These include yoga classes, falls prevention classes and Health Walks.
- 8 The aim of these classes and walks is to increase physical activity among the older people to help them achieve at least 30 minutes of activity per day, make a positive impact on their mental health and reduce isolation.

Yoga & Falls Prevention

- 9 During 2015/16, the yoga sessions had over 1,600 attendances across three weekly classes in Shoreham, South Darenth and Dunton Green, with excellent feedback from participants. A further three targeted falls prevention classes run weekly in Swanley, Sevenoaks and Edenbridge with an annual total of over 1,800 attendances.
- 10 From our evaluation forms, below are a couple of comments we have received;

“General wellbeing maintained. Exercising in a group is much more helpful than doing it alone and with an expert in charge one feels confidence that no harm will be done to ancient bones”.

“I consider this class activity to be of huge importance for my ongoing health, aiding greater activity into older age”.

Health Walks

- 11 Attendances at Health Walks last year reached an all time high with over 6,800 attendances recorded at eight walks across the District. Weekly health walks take place in Otford, Edenbridge, Swanley, Sevenoaks, New Ash Green, Hartley, Lullingstone Park and West Kingsdown. Due to positive impacts and customer feedback about the health walks, a ninth walk has started recently in Dunton Green.
- 12 This Council continues to offer training to local residents who would like to set up a health walk in their local area. To date, this Council has trained a total of 35 volunteer walk leaders who lead the walks across the District each week.
- 13 Further information on this work will be presented to Members at the Health Liaison Board.

HOUSING AND HOW IT CONTRIBUTES TO THE HEALTH AGENDA

Health Liaison Board - 8 February 2017

Report of Chief Officer Communities & Business

Status: For Information

Key Decision: No

Executive Summary: This report updates Members on the work of this Council's Housing and Homelessness advice services and how this work contributes to the health agenda.

This report supports the Key Aim of safe and caring communities and healthy environment

Portfolio Holder Cllr. Lowe

Contact Officers Hayley Brooks Ext. 7272
Andrew Kefford Ext. 7431

Recommendation to Health Liaison Board: that Members note this report.

Reason for recommendation: This Council has a statutory duty to provide housing and homelessness advice. By integrating Housing and Health together this Council provides holistic preventative services, based on individual needs, to address their health, wellbeing and housing.

Introduction and Background

- 1 Under the Housing Act 1996, this Council is responsible for delivering homelessness prevention and housing advice services. As part of this work, this Council seeks to manage to demand for social and affordable housing, deliver incentives to better engage with private sector landlords and, through the work of the Housing Standards Team ensure residential properties do not have an adverse effect on health.
- 2 Private Sector Housing has a duty to take appropriate enforcement action when it considers a Category 1 hazard exists in a property. Category 1 hazards are those defects which often have the most significant effects upon a residents health and safety such as inadequate heating, damp and mould growth.

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- 3 Disabled Facility Grants are a statutory grant providing adaptations to an applicants property to overcome obstacles in accessing basic facilities, works commonly undertaken include stairlifts and flush floor showers.
- 4 The 2015 Kings Fund report 'The District Council contribution to Public Health' states 'that district councils are in a good position to influence many factors of good health through their key functions'. This Council recognises that early intervention and prevention services are vital to support local people, particularly those who are vulnerable or in need of additional support.
- 5 Being homeless is associated with an array of poor physical and mental health needs, with 73% of homeless people reporting to have a physical health condition and 45% having a diagnosed mental health problem.
- 6 The quality of someone's home has a substantial impact on their health; a warm, dry and safe home is associated with better health. Poor housing conditions are estimated to cost the NHS £2 billion every year due to the detrimental impact on health.
- 7 This Council works with key partners including Kent Public Health Team, GP Clinical Commissioning Groups (CCGs), housing associations, health and social care providers and the voluntary sector to deliver health and housing interventions against the priorities in the Sevenoaks District Community Plan.

Sevenoaks District Integration of Housing and Health

- 8 The Portfolio Holder has integrated the communities, housing and health teams within the Council to have a greater impact on improving the health and wellbeing of local residents through the delivery of targeted preventative interventions.
- 9 This work aims to address the wider determinants of health such as housing, debt, employment, training, mental wellbeing, ill health prevention, local environment and social isolation.
- 10 This Council offers a holistic approach to wellbeing through its HERO advice service which provides one-to-one appointments to support people into employment and training, reduce debt to avoid evictions and improve the quality of life of those in greatest need or affected by a life crisis.
- 11 The HERO, Housing and Healthy Living Officers are working together to deliver new integrated services to support people with better access to local services and advise on behavioural and lifestyle changes. Some examples of preventative interventions being delivered by this Council through the integrated Housing and Health team include:
 - The HERO Advisers continue to provide advice surgeries for a number of key partners including West Kent Housing Association, Dartford Borough Council and the Sevenoaks and Edenbridge Children's Centres managed

by Kent County Council. Since January 2016, the HERO Advice Service based at Children's Centres has had a total of 146 customers referred for the HERO Advice Service. Some of the key outcomes show that the HERO Adviser has supported customers to reduce debt totalling over £37,600 which has had a positive impact on the health and wellbeing of families, as well as preventing homelessness and supporting people to access local mental health and other support services.

- A new six month pilot initiative from January 2017 will work in partnership with St John's Medical Centre to provide patients registered with the practice access to one-to-one advisors to support them with lifestyle, housing and wellbeing advice. This pilot will be evaluated with the participant outcomes and feedback determining future models for delivering targeted holistic advice services as part of an integrated Health Hub.
 - The HERO Advice Service also delivers targeted and tailored support for ex-armed forces personnel and their families. To date, the Adviser has supported seven ex-servicemen to access local specialist trauma and mental wellbeing support services, housing options, found financial support to reduce debt, secured retraining, employment and volunteering opportunities.
 - To improve health outcomes by reducing the length of stay in acute and community hospitals, this Council is providing housing related support to Hospital Discharge Co-ordinators. This work assists with earlier discharges through targeted housing and wellbeing initiatives. These include providing home adaptations to older people through the Disabled Facilitated Grant (DFG) and supporting people to access local voluntary sector support services to reduce social isolation and improve wellbeing.
- 12 In December 2016, this Council secured additional two year funding from the DCLG for a SuperHERO service to further upskill HERO Advisors to have a greater understanding of health and wellbeing through signposting and advice as part of the national Making Every Contact Count (MECC) initiative. This work will commence in early 2017 through targeted community outreach advice services in partnership with GP surgeries, Children Centres and housing associations.
- 13 Work continues to evaluate outcomes and performance data to demonstrate the positive impacts on people's housing, health and wellbeing through service delivery using this integrated model. This Council continues to seek other external funding to be able to offer more targeted preventative services for those most in need including people at risk of homelessness and ill health including those affected by mental health conditions.
- 14 Further information on this work will be presented to Members at the Health Liaison Board.

Health Liaison Board Work Plan 2016/17 (as at 17.01.2017)

8 February 2017	Summer 2017	Autumn 2017	Winter 2017
<p>Older People and Dementia Update</p> <p>Housing and how it contributes to the Health Agenda</p>	<p>Housing Needs Survey (including older persons element)</p> <p>Licensing and how it contributes to the Health Agenda</p> <p>Tackling loneliness</p> <p>Churches Together</p> <p>Age UK</p> <p>Rural Age UK</p>	<p>Leisure Strategy</p> <p>HealthWatch Kent</p>	

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